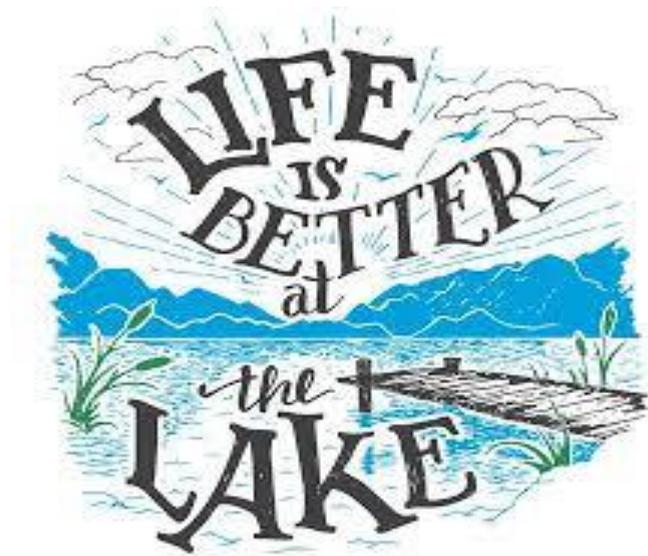




FOREST LAKE IMPROVEMENT ASSOCIATION INC.
PO Box 117
Winchester, NH 03470

Custodians of the lake since 1927

As a lakefront property owner or a guest, your actions reflect the nature of your surroundings. How the land and water is used affects the well being of all. Etiquette and Common Courtesy help our community to enjoy this natural resource, together in a peaceful environment.



REMINDERS AND USEFUL INFORMATION

CONTROL + CLICK TO USE HYPERLINKS

The goal of the FLIA is to protect, improve and monitor the quality of our lake and surrounding shoreline to provide a clean, safe environment for all to enjoy. FLIA membership is encouraged for all lake residents! Membership is \$ 40 annually. (membership form attached) Members attend an annual meeting in late summer which is a great way to meet neighbors and share ideas. Members also receive periodic emails containing important lake information. FLIA members participate in State run programs including Weed Watchers, Volunteer Lake Assessment Program, Water Testing and Milfoil Management.

The FLIA is also the custodian of the lake's dam on Route 10. Since 1926 the FLIA has managed, maintained and cared for the dam. Members work with the State DES Dam Bureau throughout the year to oversee and manage the health and well being of the dam. Periodically the FLIA will conduct work days at the dam where members are able to pitch in and help with a variety of tasks.

The FLIA Board has years of experience supporting its members and needs around the lake. If the FLIA does not have an answer, they have a phone number of someone at State that does have an answer. To learn more about the FLIA contact Dave Johnson, President. 413-374-0673

R - E - S - P - E - C - T

Respect: The rights of others

Environment: Enjoy wildlife from a distance

Safety: Head NH boating regulations, boat safely

Peace: Watch your noise and your wake

Enjoy: Have fun, share the moments with friends

Consider: Other people and creatures on the lake

Trash: Take your trash home

Think how much nicer your day would be if everyone showed a little more respect



Marine Patrol

NH Marine Patrol has enforcement authority on all bodies greater than 10 acres or more, as well as rivers and tidal waters. The Patrol operates 365 days a year and does visit Forest Lake

MARINE PATROL <https://www.nh.gov/safety/divisions/nhsp/fob/marine-patrol/contactus.html>

In an emergency situation, call **(603) 293-2037** or (877) 642-9700 The 911 dispatch can also connect you to Marine Patrol. Marine Patrol is now a division of the State Police

Boating Education Program (603) 267-7256 or (888) 254-2125 (toll free)

General Business (603) 293-2037 or (877) 642-9700 (toll free)
(603) 293-0096 (fax) marinepatrol@dos.nh.gov

Boating

NEW HAMPSHIRE BOATING HANDBOOK <https://www.boat-ed.com/newhampshire/handbook/>

- NH has a mandatory boating education law. Everyone 16 years of age and older who operates a motorboat over 25 horsepower on NH waters must have a boating education certificate.
- Watercraft are required to be equipped with a USCG approved personal flotation device (life jacket) for every person on board.
- All powered water craft are required to have a USCG approved fire extinguisher on board.
- All water craft operating after sunset must display proper lighting. This includes kayaks.
- All water craft operating above headway speed must stay 150 feet away from everything including other boats, the shore, docks and swimmers.
- Operating any type of water craft under the influence of alcohol or drugs is against the law and strictly enforced.
- No more than six people may be towed in one or more inflatable tubes and no more than two people may be towed on water skis.
- When towing less than three people, there must be one observer (not including the operator). For three or more people being towed behind a motor boat, there must be two observers in addition to the operator. Observers must be a minimum of 13 years of age and physically able to assist the people being towed.
- Towing rafts or skiers is allowed only from Sunrise to Sunset
- Forest Lake is a State RSA restricted body of water for all Jet Skis

Forest Lake boaters operate in a counter clockwise direction for safety and courtesy. We request that all boaters on the lake observe this practice.

Prevent the spread of nuisance weeds, such as milfoil, by making sure your boat engine, propellers, etc. are clean and weed free. We do not have a cleaning station so this responsibility lies with the boat owners and guests who visit our lake.

NH Department of Environmental Services (DES) Landscape & Construction

In short, in NH, anything that happens within 250 feet of a wetland area has direct oversight from the State DES. In addition, there may also be local and county regulations involved.

If you are going to do landscaping or construction of any type within 250 feet of the water line (known as the REFERENCE LINE), there is a good chance that a permit is required.

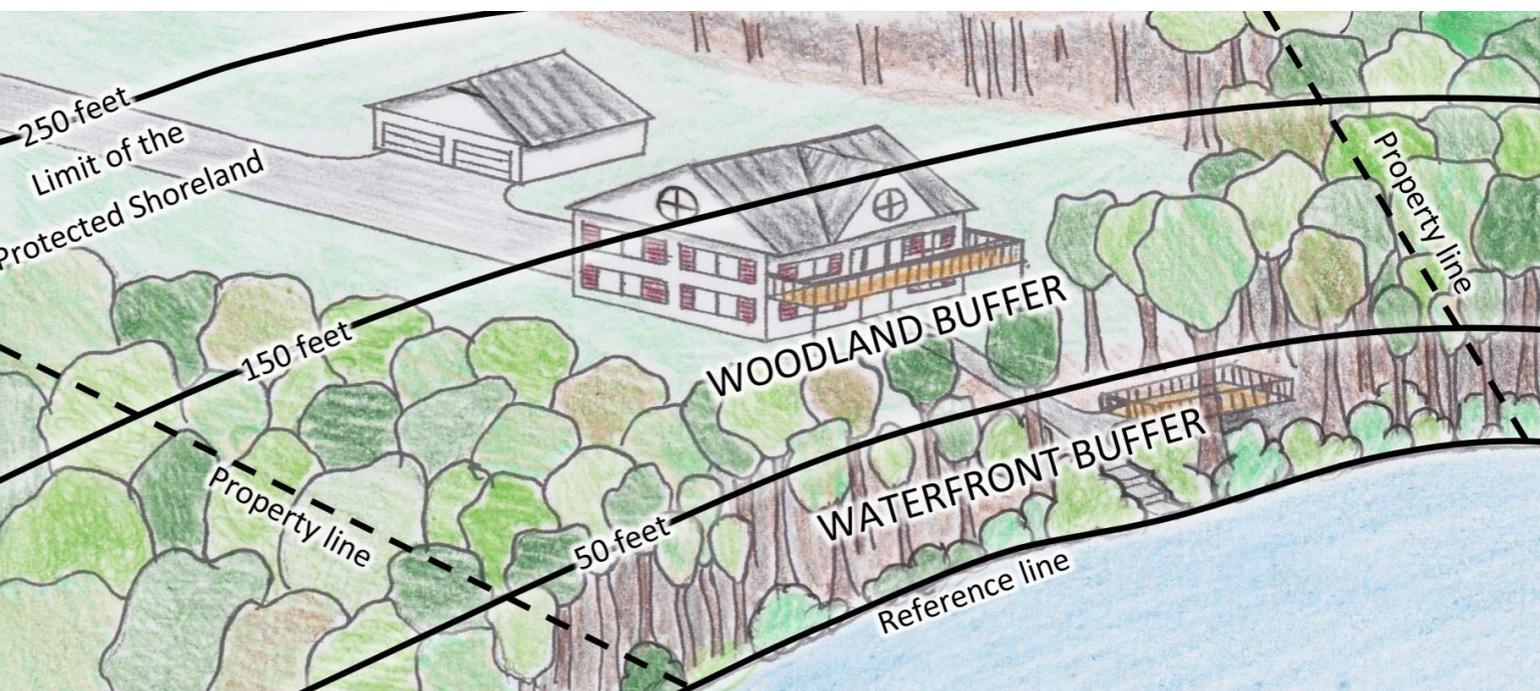
The first 50 feet back from the water line is known as the WATERFRONT BUFFER and has the highest level of restrictions related to vegetation and building.

The next 100 feet back is known as the NATURAL WOODLAND BUFFER and has a number of regulations pertaining to vegetation and building.

The last 100 feet of the 250 foot zone has less restrictions but still falls within the permit necessary zone for all activity.

Shoreland Water Quality Protection Act (SWQPA) A Summary of the Minimum Standards

https://www.des.nh.gov/organization/divisions/water/wetlands/cspa/documents/summary_standard_s.pdf



Do your homework. Ask questions. Call DES. Call the FLIA. Ask for help.

The state of NH has compliance officers who visit Forest Lake. They can be your best friend if you seek out DES advice and help up front. Ignore the regulations and getting to know them is not always fun.

FOLLOW THIS LINK TO A CHART ON PERMITS

<https://www.des.nh.gov/organization/divisions/water/lrm/documents/got-permits.pdf>

NH Department of Environmental Services (DES) Fact Sheets for Everything

The state of New Hampshire has one of the best DES programs in the country. The access to information is endless. DES has published hundreds of Fact Sheets that will cover everything from invasive weed identification to asbestos removal. The following link will bring you to 22 DES categories. The following categories are critical to Forest Lake.

Lake Biology, Wetlands, Rivers & Lakes, Shoreland Protection, Sub-Surface, Watershed Management & Dam Bureau

<https://www.des.nh.gov/organization/commissioner/pip/factsheets/index.htm>



Here are some critical fact sheets selected by the FLIA for everyone to read.

Shoreline Protection Fact Sheets

<https://www.des.nh.gov/organization/commissioner/pip/factsheets/sp/index.htm>

Rivers and Lakes Fact Sheets

<https://www.des.nh.gov/organization/commissioner/pip/factsheets/rl/index.htm>

Lake Biology Fact Sheet

<https://www.des.nh.gov/organization/commissioner/pip/factsheets/bb/index.htm>

Algae Bloom Fact Sheet

<https://www.des.nh.gov/organization/commissioner/pip/factsheets/bb/documents/bb-6.pdf>

Variable Milfoil Fact Sheet

<https://www.des.nh.gov/organization/commissioner/pip/factsheets/bb/documents/bb-23.pdf>

Phosphorus Fact Sheet

<https://www.des.nh.gov/organization/commissioner/pip/factsheets/bb/documents/bb-20.pdf>

Aquatic Plants and Their Role in Lake Ecology

<https://www.des.nh.gov/organization/commissioner/pip/factsheets/bb/documents/bb-44.pdf>

Milfoil History At Forest Lake

Milfoil is a submerged aquatic plant with fine, densely packed, feather-like leaves whorled around a main stem. Milfoil is not native to our state and is very difficult to control once it becomes fully established. Milfoil reproduces through fragmentation, when plant fragments break off from the parent plant through wind or boat action, grow roots, and settle in new locations. Milfoil spreads rapidly and displaces beneficial native plant life. It makes swimming difficult and can devalue waterfront property.

Forest Lake was one of the first lakes in New Hampshire to be identified with Milfoil. The FLIA has spent 20 years managing this invasive plant.



Milfoil management on Forest Lake is a task we must all work on together. The plants can grow most anywhere. The campground channel, the dam outlet, areas from the town beach to the campground beach and the entire south end are the most common growth zones in this lake.

Over the past twenty years, the FLIA, Winchester and New Hampshire DES have invested \$ 87,000 in Milfoil management. The FLIA and the Winchester Conservation Commission work continuously with the DES to oversee the conditions and the growth of milfoil in the lake.

In March 2012 the voters of Winchester recognized the need to plan for and fund Milfoil management in Forest Lake and established a non-lapsing Capital Reserve Fund under the provisions of RSA 35:1 for the purpose of treating exotic invasive plants in Forest Lake. This insight and support by the town will allow the FLIA to operate to the State approved Management Plan, knowing we have a financial foundation.

Members of the FLIA are trained Weed Watchers and can assist in identifying Milfoil. If you see some, do not harvest it. Contact the FLIA and we will mark it for certified divers to harvest during our annual activity.

Town of Winchester Information

<http://winchester-nh.gov/Pages/index>

Town Offices 603-239-4951

Fireworks

A town permit is required to display fireworks. Visit the town web site or contact the Town Administrator for more information on fireworks permits.

Noise Ordinance

Winchester has a town noise ordinance.

Sunday through Thursday 10:00 pm - 7:00 am

Friday and Saturday 11:00 pm - 7:00.

Tax Cards

Winchester publishes all property tax cards on line as well as a detailed property map covering the entire town. Access to this information can be made as guest thru the Avitar web site. The FLIA recommends that property owners review the tax card information on an annual basis.

<https://data.avitarassociates.com/logon.aspx>

State DES Phone Numbers

Alteration of Terrain (Site Specific)	603-271-2303	Lakes Management & Protection	603-271-2959
Aquatic Plants	603-271-2248	Limnology/Lake	603-271-2658
Cyanobacteria Hotline	603-848-8094	Marine Patrol	603-293-2037
Dam Safety & Maintenance	603-271-3406	Milfoil	603-271-2248
Docks	603-271-2147	Permitting Questions	603-271-3306
Dredge & Fill Permits	603-271-2147	Septic Systems	603-271-2631
Exotic Species (Aquatic Plants)	603-271-2248	Shoreland Protection/Permitting	603-271-2147
Fish & Wildlife, Keene	603-352-9669	Volunteer Lake Assessment	603-271-2658

FLIA Board Members

Dave Johnson, President	413-317-0673	Doug Sears, Secretary	
Steve Brackett, Vice President		Jeff Brigham, Treasure	
George Henrichson, Member at Large		Pat Johnson, Milfoil Coordinator	

FOREST LAKE IMPROVEMENT ASSOCIATION MEMBERSHIP ENROLLMENT



ENTER YOUR NAME & LAKE ADDRESS HERE

ENTER YOUR HOME ADDRESS HERE

PLEASE SEND SNAIL MAIL TO: LAKE ADDRESS HOME ADDRESS

Clearly print your e-mail address (s) here for updates and periodical information.

The FLIA does not snail mail monthly updates.

MEMBERSHIP IS \$40 PER YEAR.

ALONG WITH GENERAL ADMINISTRATIVE COSTS FOR THE YEAR SUCH AS STAMPS, PRINTING, DAM REGISTRATION COSTS AND OTHER EXPENSES, YOUR ANNUAL DUES ARE USED FOR DAM MAINTENANCE COSTS AND MILFOIL TREATMENT COSTS. IF YOU WOULD LIKE TO INCREASE YOUR GIVING AND EARMARK SOME FUNDS TO A SPECIFIC CAUSE PLEASE NOTE THAT BELOW.

ANNUAL DUES	<input type="text" value="\$40"/>
DAM MAINTENANCE GIFT	<input type="text"/>
MILFOIL GIFT _____	<input type="text"/>
TOTAL CONTRIBUTION	<input type="text"/>

PLEASE MAKE CHECKS PAYABLE TO:
[Forest Lake Improvement Association](#)

MAIL PAYMENTS TO THE FOLLOWING ADDRESS

[Jeff Brigham, Treasurer](#)
[34 Lockland Avenue](#)
[Framingham, MA 01701](#)